

Holy Trinity Greek Orthodox Church Sunday Bulletin

February 28, 2010

Today's Hymnology:

Resurrection Hymn Pl. 1st Mode (3rd Antiphon & Entrance)

Let us worship the Word who is unoriginate* with the Father and the Spirit, and from a Virgin was born* for our salvation, O believers, and let us sing His praise.* For in His goodness He was pleased* to ascend the Cross in the flesh, and to undergo death,* and to raise up those who had died,* by His glorious Resurrection.

Hymn for St. Gregory Palamas Plagal 4th mode

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonderworker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Hymn for the Parish

Blessed are you, O Christ our God, who by sending down, the Holy Spirit upon them, made the fishermen wise and through them, illumined the world, and to You, the Universe was ever drawn, O lover of mankind, Glory to You!

The Same (in Greek):

Ευλογητός εἶ, Χριστέ ο Θεός υμῶν, ο πανσόφους τοὺς ἀλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον, καὶ δι αὐτῶν τὴν οἰκουμένην σαγηνεύσας, Φιλάνθρωπε, δόξα σοι!

The Same (transliterated):

Evloyitós i, Hristé o Theós imón; o pansófous tous aliis anadhíxas, katapémpsas aftís to pnévma to áyion, ke dhi aftón tin ikouménin sayinéfsas, Filánthrope, dhóxa si.

Hymn for the Memorial...

The Kontakion

To you, the Champion Leader, we your flock dedicate a feast of victory and of thanksgiving, as ones rescued out of sufferings, O Theotokos. But as you are one with might which is invincible, from all dangers that can be do you deliver us, that we may cry to you: Rejoice, O Bride unwedded

The same Kontakion (transliterated in phonetics)

Ti Eepermaho Stratygo ta nikitiria, os lytrothisa ton dinon epharistiria, anagrafo si ee Polis su, Theotoke. All'os ehusa to kratos aprosmahiton, ek pantion me kyndinon eleftheroson, ina krazo si: Haire, Nymnfi anymnfefe.

Instead of Axion Estin – The Megalynaria

In you, the one full of grace, all creation rejoices: the assembly of angels and the race of man, O sanctified Temple and rational Paradise, virgins' pride, from whom God was made flesh and was born a Child, though He existed before all ages. For He made your womb His throne, more spacious than the heavens He made it. In you, full of grace, all creation rejoices. Glory to you.

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The same in phonetics

Epi si hairee, Keharitomeni, pasa ee ktisis, Angelon to systima ke anthropon to yenos; eeghiasmene naeh ke paradiseh logikeh, parthenikon kafhima, ex ees Theos esarkothi ke pedion yegonen, o pro e-o-non eeparhon Theos eemon; tin gar seen mitran thronon epi-ee-she, ke tin seen gastera platytera uranon apirgasato. Epi si hairee, Keharitomeni, pasa ee ktisis, doxa si.

The Communion Hymn:

Praise the Lord from the Heavens. Alleluia.

CHURCH ETIQUETTE

Please silence all cell phones.

If you enter the Church during the Divine Liturgy, please remain prayerfully in the Narthex during the following times and wait to enter: The censing at the Doxology, the Small Entrance with the Gospel, the Epistle and Gospel Readings, the censing before the Great Entrance, the Great Entrance with the Gifts, the recitation of the Creed, the Consecration of the Gifts, the Lord's Prayer and the Dismissal. Please, do not chew gum or eat candy during the Divine Liturgy in the Church! Children included.

The Reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, you O Lord, didst found the earth, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

The Reading is from Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

COMMUNION ETIQUETTE

If you are either baptized or confirmed as an Orthodox Christian and have spiritually prepared to receive Holy Communion, please come up the middle aisle of the Church with reverence and humility, as guided by the ushers, in a **QUIET** and **ORDERLY** fashion, and depart down the sides.

All those receiving Holy Communion must be confirmed Orthodox Christians. If you are married, your marriage must also have been blessed by the Orthodox Church. In receiving Communion, recite your Christian name and wipe your mouth after receiving. Women, please remove your lipstick prior to receiving Holy Communion.

Thank you for praying with us today, please join us at the coffee hour in the Parish Hall following Divine Liturgy.

WEEKLY CALENDAR

SUNDAY 28th Sunday of St. Gregory Palamas

8:50 a.m. Matins

10:00 a.m. Divine Liturgy

Gaddis and Tiligadas family memorial

MONDAY 1st

6:00 p.m. Great Compline

TUESDAY 2nd

12:30 p.m. Chant Practice

WEDNESDAY 3rd

5:30 p.m. Presanctified Liturgy

7:00 p.m. Lenten Meal

7:00 p.m. Choir Practice

7:30 p.m. Chant Practice

THURSDAY 4th

6:00 p.m. Festival Meeting

FRIDAY 5th

6:00 p.m. 3rd Salutations (Akathist Hymn) to the Theotokos

SATURDAY 6th

4:00 p.m. 101 Class

5:00 p.m. Great Vespers

SUNDAY 7th Veneration of the Holy Cross – SCOBA Recognized “Scout Sunday”

8:50 a.m. Matins

10:00 a.m. Divine Liturgy

Parish Oratorical Festival following Divine Liturgy

ANNOUNCEMENTS

Coffee Hour today is hosted by the Gaddis family in memory of the Gaddis and Tiligadas family members who have gone to their rest in the Lord.

GOYA NEWS

Also, this year GOYA will be collecting names and funds for a parish Pascha Card to be sent to everyone!

Our local parish **St John Chrystostom Oratorical competition** will be on **Sunday, March 7, 2010** after the Divine Liturgy. The junior division is grades 7-9 and the senior division is grades 10-12. The topics can be found at www.goarch.org/archdiocese/departments/religioused/sjcof along with resources. Speakers need to contact Helen Rogers at 320-0600 or hrogeratty@aol.com to sign up and select a topic. This

competition meets one of the requirements for the Holy Trinity Scholarship Fund and our Parish will host the Southern District Oratorical Competition on April 18, 2010"

Fall Creek Falls Lenten Retreat this year will be on the weekend of March 19th, 20th and 21st. Please see Leslie for further details. The theme will be "the desert". Forms also available at on parish website.

Save the date. St Nicholas Southern Camp will be held this year again near Centerville, TN **June 26-July 3**, 2010. All youth ages 8-18 should attend to learn about their faith while making friends that will last a lifetime. Adult Counselors and volunteers are also needed. For more information go to www.southernncamp.com.

2010 Stewardship

The 2010 Pledge forms for our Stewardship or "fair-share" are now available. Please take one with you, prayerfully consider what you would like to pledge to give back to God in thanksgiving this year, fill it out accordingly and either mail it, fax it, e-mail it, or place it in the secure drop box. Thank you for supporting Holy Trinity. The work of the Church is only possible with your help and support! In 2009, we had **152** pledges filled out and submitted to the Church. So far we have received **56** pledges. **Our goal is 100% participation** by parishioners in pledging to the Church. We will keep you updated with information as it comes into the Church office.

January 2010 Parish Operating Financial Summary:

Budgeted Expense 27,900 - Actual Expense 26,286.02

Budgeted Income 27,900 - Actual Income 25,482.03

(Actual Income includes Stewardship + Trays + Candles)

AHEPA to Sponsor Basketball and Softball Teams

The Local AHEPA chapter is sponsoring a basketball and softball team to play in the local Nashville Church leagues. They are looking for participants. All you have to do is show up and play; AHEPA will take care of the rest. See Demetri Pagonis for details.

Orthodox Book Club

Save the Date – The next meeting will be Sunday, April 18th. To be hosted by Bill and Donna Bacon at 6028 Deertrace Dr. Nashville, TN. The book is "The Way of the Pilgrim". Copies will be available soon in the bookstore.

The parish bookstore will soon have copies of the new Divine Liturgy books for sale.

There will be a Festival Meeting on March 4th at 6:00pm.

We will begin collected donations for the Epitaphio Flowers. Please see Angie Duncan to make your donation.

More Spiritual "Maxims" by Fr. Hopko...

- 5. Have a short prayer that you constantly repeat when your mind is not occupied with other things.**
- 6. Make some prostrations when you pray.**
- 7. Eat good foods in moderation.**
- 8. Keep the Church's fasting rules.**